



Therapeutic Touch Training 2026

with
Jim Metson and Nancy Hall,
Therapeutic Touch Recognized Teachers

This training is for volunteers, professionals, and caregivers committed to enhancing the wellness of others.

This is a two-part workshop:
Foundations of Therapeutic Touch® held in April 2026
Transpersonal Nature of Therapeutic Touch in November 2026

Foundations of Therapeutic Touch

An interactive workshop introducing the principles and practice of Therapeutic Touch.

Therapeutic Touch is a holistic, evidence-based energy healing approach that promotes balance and well-being. It provides comfort and relief for oneself and others, addressing physical, emotional, mental, and spiritual levels.

Benefits include:

- Promotes relaxation
- Reduces stress and anxiety
- Alleviates and alters the perception of pain
- Enhances rapport between client and practitioner

FOUNDATIONS OF THERAPEUTIC TOUCH

SATURDAY, APRIL 11, 2026

9:00 AM TO 4:00 PM EST AT MARGARET BAHEN HOSPICE

SATURDAY, APRIL 18, 2026

9:00 AM TO 4:00 PM EST AT MARGARET BAHEN HOSPICE

FEE: \$200

Please note that limited space is available for this training. A minimum number of registrations is required for the program to run. PalCare reserves the right to cancel the session if minimum registration is not met.

TRANSPERSONAL NATURE OF THERAPEUTIC TOUCH

SATURDAY NOVEMBER 7 & 14, 2026 AT MARGARET BAHEN HOSPICE

FEE: \$200

Participants must have completed Foundations of Therapeutic Touch® to register for the Transpersonal Nature of Therapeutic Touch®.



Register at

<https://www.mypalcare.org/workshop>

