# THERAPEUTIC TOUCH® FREE INFORMATION SESSION



Jim Metson and Nancy Hall, Therapeutic Touch Recognized Teachers, invite you to an information session to learn how Therapeutic Touch can support you and members of your organization. Jim and Nancy will share their experiences with clients, explore the benefits of this complementary modality, answer questions, and provide an opportunity for you to sample Therapeutic Touch healing.

Therapeutic Touch®

- enhances wellness for clients, residents, families, volunteers and staff.
- promotes relaxation
- reduces stress and anxiety
- alleviates and alters the perception of pain
- enhances rapport and therapeutic relationship between client and practitioner

**Date: Tuesday, January 26, 2027**
**Time: 1:00 PM to 2:00 PM EST**
**Virtual Via Zoom**



BetterLiving PalCare

**Register at**
**https://www.mypalcare.org/workshops**