

REIKI TRAINING

Level 1 and Level 2 with Reiki Master Carrie Chilcott

Reiki is a spiritual healing art with its roots in Japanese origin. The word Reiki comes from the Japanese word (Rei) which means “Universal Life” and (Ki) which means “Energy”.



REIKI 1

SAT. MAY 10, 2025

9:00 AM - 4:00 PM

MARGARET BAHEN HOSPICE

- Meditation on centering, breathing and meeting your Reiki guides.
- Information on what Reiki is and a brief history of Reiki.
- The principals of Reiki and the basic hand placement.
- How to practice a Reiki table and chair session and other techniques.
- Code of ethics.
- Information of the energy bodies the Aura and the chakras. attuned to the Reiki energy force.
- Practice a session on other and selves.
- Certification for Reiki 1 manual provided.



REIKI 2

SAT. AUGUST 16, 2025

9:00 AM - 4:00 PM

MARGARET BAHEN HOSPICE

- Learn three symbols. How to work with Reiki within the aura your energy field and the chakras.
- Learn beaming, scanning, and, healing the past, present, future.
- Greet your Reiki guides meditation.
- Attunement to Reiki level 2 Practise working with the symbols.
- Certification for Reiki Level 2 Practitioner

Cost:

\$150.00 per course

**Must have Level 1 to enroll in Level 2*

<https://www.mypalcare.org/reiki>

