



Free Online Information Series

PalCare, in partnership with The Ontario Caregiver Organization is pleased to offer a free information series

Supporting Caregivers

Facilitated by:

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Regional and Project Lead, Community Engagement
Ontario Caregiver Organization

Wednesdays - 6:00 PM to 7:00 PM EST
Virtual via Zoom

November 4, 2026 - Part 1

Supporting Caregivers: An Introduction to the Ontario Caregiver Organization

December 9, 2026 - Part 2

Supporting Caregivers: Understanding Caregiver Stress & Burnout

January 13, 2027 - Part 3

Supporting Caregivers: Preparing for the Unexpected

February 3, 2027 - Part 4

Supporting Caregivers: Helpful Communication Tips



in partnership with



Registration Required for each Session
<https://www.mypalcare.org/upcoming-education>

