



# Therapeutic Touch Training 2026

This training is for volunteers, professionals, and caregivers committed to enhancing the wellness of others.

This is a two-part workshop:  
Foundations of Therapeutic Touch® held in April 2026  
Transpersonal Nature of Therapeutic Touch in November 2026

## Foundations of Therapeutic Touch

An interactive workshop introducing the principles and practice of Therapeutic Touch.

Therapeutic Touch is a holistic, evidence-based energy healing approach that promotes balance and well-being. It provides comfort and relief for oneself and others, addressing physical, emotional, mental, and spiritual levels.

Benefits include:

- Promotes relaxation
- Reduces stress and anxiety
- Alleviates and alters the perception of pain
- Enhances rapport between client and practitioner

## FOUNDATIONS OF THERAPEUTIC TOUCH

**SATURDAY, APRIL 11, 2026**

**9:00 AM TO 4:00 PM EST AT MARGARET BAHEN HOSPICE**

**SATURDAY, APRIL 18, 2026**

**9:00 AM TO 4:00 PM EST AT MARGARET BAHEN HOSPICE**

**FEE: \$200**

*Please note that limited space is available for this training. A minimum number of registrations is required for the program to run. PalCare reserves the right to cancel the session if minimum registration is not met.*

## TRANSPERSONAL NATURE OF THERAPEUTIC TOUCH

**SATURDAY NOVEMBER 7 & 14, 2026 AT MARGARET BAHEN HOSPICE**

**FEE: \$200**

*Participants must have completed Foundations of Therapeutic Touch® to register for the Transpersonal Nature of Therapeutic Touch®.*



Register at

<https://www.mypalcare.org/workshop>

