

PalCare is pleased to present a

**Free Online
Information Session**

**Caring for Brain Health:
Support for People Living with
Dementia and Caregivers**

Facilitated by: **Emily Justus**,
Alzheimer Society of York Region

Join us for a free session on supporting brain health for people living with dementia and those providing care. Dementia includes Alzheimer's, Parkinson's disease dementia, Lewy body dementia, vascular dementia, and other conditions affecting memory, thinking, and movement.

**Wednesday, June 10, 2026
1:00 PM to 2:00 PM EST
on Zoom**

Register at
<https://www.mypalcare.org/workshops>

